

Good Practice Points

Here are some ways in which EfC member organisations, large and smaller, have been developing and using the role of carer champions to raise awareness of caring in the workplace and promote carer support:

- **Incorporating carer awareness training** when a carer champion begins their role so that they are equipped to fulfil it. This training could include information about the roles and responsibilities of a carer and carers' statutory rights.
- Providing carer champions with a **resource pack** to help them begin their role and throughout.
- **Offering regular catch-up meetings** with carer champions to discuss any challenges or new initiatives to encourage carers to identify themselves or join the workplace carers network or support group.
- **Encouraging a senior representative** to become an executive sponsor to increase exposure and gain support.
- **Using the workplace carers network** or support group to promote the carer champion role.
- **Actively promoting** the carer champion role through the organisation's intranet.

If you would like to read our research report on The Role of Carer Champions in the Workplace, click [here](#).